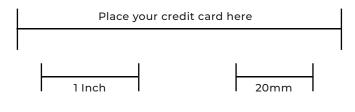
### Before You Start

Make sure you're printing at full size by unchecking any settings that refer to "page scaling" or "fit to page." Use your credit card to confirm this printed to scale.



#### METHOD 1

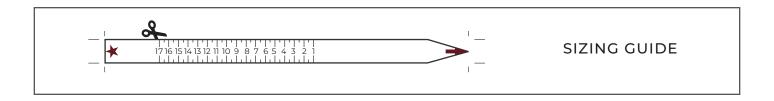
## Measuring with a Ring

Grab a ring that already fits and use the diagram below to find the size. Match the inside of the ring with the outside of the circle. When in doubt, move up a size.





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### METHOD 2

# Measuring with a Sizing Guide

**Step 1:** Cut out the sizing guide above.

**Step 2:** Wrap the ring sizer around the knuckle of the finger (this will ensure that the ring will slide comfortably onto that finger). Start by placing the "star" end of the strip on your finger, then wrap the arrow end around it until it fits snugly.

**Step 3:** The number closest to the arrow point is your ring size. Hash marks between the numbers represent half sizes. When in doubt, move up to the next larger size.